

Split time results

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Pl	Stno	Name	Time													
M10	(3)			2.0 km	30 m	9 C										
				1(105)	2(113)	3(120)	4(122)	5(125)	6(126)	7(140)	8(141)	9(200)	F			
1	5708	Tiago Marcolino [052] GD4C	24:53	4:14	7:00	9:37	12:19	14:11	19:29	20:49	23:20	24:17	24:53			
				4:14	2:46	2:37	2:42	1:52	5:18	1:20	2:31	0:57	0:36			
	4222	João Pedro [107] CAOS		5:52	10:56	14:23	18:36	21:53	29:16	34:34	37:12	40:04				
				5:52	5:04	3:27	4:13	3:17	7:23	5:18	2:38	2:52				
	5671	Dinis Lopes [107] CAOS	mp	6:09	10:57	14:38	19:03	22:16	-----	34:48	37:28	42:06	43:00			
				6:09	4:48	3:41	4:25	3:13		12:32	2:40	4:38	0:54			
W10	(3)			2.0 km	30 m	9 C										
				1(105)	2(113)	3(120)	4(122)	5(125)	6(126)	7(140)	8(141)	9(200)	F			
1	5648	Rita Castro [052] GD4C	35:45	5:20	8:54	12:53	18:17	19:56	26:28	30:28	33:53	35:05	35:45			
				5:20	3:34	3:59	5:24	1:39	6:32	4:00	3:25	1:12	0:40			
2	5333	Juliana Pedro [107] CAOS	43:33	7:12	11:45	15:40	19:36	22:32	30:09	34:35	37:57	41:58	43:33			
				7:12	4:33	3:55	3:56	2:56	7:37	4:26	3:22	4:01	1:35			
3	90066	Liis Vesilind [1564] SRD Estonia	55:28	4:33	7:01	10:10	12:02	19:53	38:00	50:14	52:46	54:52	55:28			
				4:33	2:28	3:09	1:52	7:51	18:07	12:14	2:32	2:06	0:36			
M12	(4)			2.4 km	40 m	9 C										
				1(144)	2(101)	3(135)	4(122)	5(142)	6(126)	7(129)	8(141)	9(200)	F			
1	5299	André Roberto [070] COC	20:25	2:03	7:11	10:31	11:58	14:05	15:39	17:10	19:06	19:54	20:25			
				2:03	5:08	3:20	1:27	2:07	1:34	1:31	1:56	0:48	0:31			
2	5311	Bernardo Filipe [070] COC	43:28	3:11	7:49	16:39	23:57	26:55	30:53	32:59	41:41	42:43	43:28			
				3:11	4:38	8:50	7:18	2:58	3:58	2:06	8:42	1:02	0:45			
3	90027	Afonso Carriço [007] Ori-Estarreja	47:21	3:06	10:55	19:32	24:54	29:36	31:57	35:16	45:35	46:34	47:21			
				3:06	7:49	8:37	5:22	4:42	2:21	3:19	10:19	0:59	0:47			
	5529	André Serra Campos [102] .COM	mp	2:37	13:12	17:41	19:51	22:08	24:04	26:33	29:30	-----	30:33			
				2:37	10:35	4:29	2:10	2:17	1:56	2:29	2:57		1:03			
W12	(3)			2.4 km	40 m	9 C										
				1(144)	2(101)	3(135)	4(122)	5(142)	6(126)	7(129)	8(141)	9(200)	F			
1	90068	Evangelina Dyaksova Bulgaria	17:50	2:01	4:45	8:24	10:02	11:44	13:37	14:52	16:33	17:23	17:50			
				2:01	2:44	3:39	1:38	1:42	1:53	1:15	1:41	0:50	0:27			
2	90026	Lara Pataki [1771] Individual HUN	25:29	2:47	6:32	11:46	13:28	18:36	20:14	21:42	24:13	25:04	25:29			
				2:47	3:45	5:14	1:42	5:08	1:38	1:28	2:31	0:51	0:25			
3	5706	Margarida Miranda [052] GD4C	25:45	2:38	6:18	13:09	15:11	17:01	19:14	21:33	24:17	25:15	25:45			
				2:38	3:40	6:51	2:02	1:50	2:13	2:19	2:44	0:58	0:30			
M14	(7)			2.7 km	45 m	9 C										
				1(105)	2(123)	3(124)	4(101)	5(132)	6(142)	7(129)	8(130)	9(200)	F			
1	5488	André Henriques [007] Ori-Estarreja	25:56	1:58	4:35	5:54	8:38	13:05	16:40	20:15	23:01	25:28	25:56			
				1:58	2:37	1:19	2:44	4:27	3:35	3:35	2:46	2:27	0:28			
2	90004	Vince Weiler [1771] Individual HUN	25:58	1:52	4:27	5:40	10:19	14:44	16:43	22:08	22:54	25:38	25:58			
				1:52	2:35	1:13	4:39	4:25	1:59	5:25	0:46	2:44	0:20			
3	5437	Tiago Figueiredo [007] Ori-Estarreja	30:01	1:57	4:14	5:11	12:59	18:36	20:51	26:18	27:01	29:37	30:01			
				1:57	2:17	0:57	7:48	5:37	2:15	5:27	0:43	2:36	0:24			
4	5510	Pedro Barbosa Silva [007] Ori-Estarreja	30:09	1:59	4:51	6:15	9:45	13:44	23:26	26:15	27:17	29:44	30:09			
				1:59	2:52	1:24	3:30	3:59	9:42	2:49	1:02	2:27	0:25			
5	90022	Ricardo Ferreira [007] Ori-Estarreja	30:30	2:23	6:10	7:29	11:12	16:28	21:00	25:34	27:52	30:07	30:30			
				2:23	3:47	1:19	3:43	5:16	4:32	4:34	2:18	2:15	0:23			
6	5707	Gabriel Leal [052] GD4C	34:31	2:01	5:58	7:55	16:56	22:40	25:54	30:22	31:06	34:04	34:31			
				2:01	3:57	1:57	9:01	5:44	3:14	4:28	0:44	2:58	0:27			
7	90018	Emil Salmenkylä [6505] HS	40:09	2:52	10:25	11:36	15:00	20:55	27:44	32:48	37:18	39:38	40:09			
				2:52	7:33	1:11	3:24	5:55	6:49	5:04	4:30	2:20	0:31			
W14	(8)			2.7 km	45 m	9 C										
				1(105)	2(123)	3(124)	4(101)	5(132)	6(142)	7(129)	8(130)	9(200)	F			
1	5482	Tânia Pereira Olaio [070] COC	31:17	2:56	7:53	9:26	13:18	17:55	22:13	26:09	28:35	30:48	31:17			
				2:56	4:57	1:33	3:52	4:37	4:18	3:56	2:26	2:13	0:29			
2	3975	Helena Lima [119] OriMarão	33:54	2:29	5:47	7:19	11:39	17:43	22:26	26:12	28:21	33:25	33:54			
				2:29	3:18	1:32	4:20	6:04	4:43	3:46	2:09	5:04	0:29			
3	90020	Camila Coelho [070] COC	40:38	3:14	7:08	8:58	12:47	18:10	23:49	35:56	37:49	40:06	40:38			
				3:14	3:54	1:50	3:49	5:23	5:39	12:07	1:53	2:17	0:32			
4	5064	Carina Cotovio [114] COA	42:27	2:35	5:33	6:55	10:08	14:58	32:46	38:13	39:47	41:57	42:27			
				2:35	2:58	1:22	3:13	4:50	17:48	5:27	1:34	2:10	0:30			
5	5659	Raquel Henriques [094] CPOC	50:28	2:35	6:26	10:38	15:09	22:19	40:38	46:16	47:48	50:00	50:28			
				2:35	3:51	4:12	4:31	7:10	18:19	5:38	1:32	2:12	0:28			
6	5657	Mafalda Moreira [094] CPOC	58:29	3:25	9:05	13:42	21:25	30:29	48:32	54:22	55:50	58:01	58:29			
				3:25	5:40	4:37	7:43	9:04	18:03	5:50	1:28	2:11	0:28			

7	5710	diana cipriano	1:30:47	3:04	6:52	9:37	18:39	26:33	1:01:44	1:15:45	1:27:14	1:30:12	1:30:47
		[094] CPOC		3:04	3:48	2:45	9:02	7:54	35:11	14:01	11:29	2:58	0:35
8	5683	Inês Ramos	1:34:20	2:27	7:02	10:57	22:16	30:06	1:05:22	1:19:17	1:30:45	1:33:49	1:34:20
		[007] Ori-Estarreja		2:27	4:35	3:55	11:19	7:50	35:16	13:55	11:28	3:04	0:31

M16 (7)		4.2 km 105 m 13 C											
		1(103)	2(135)	3(117)	4(134)	5(128)	6(129)	7(137)	8(121)	9(115)	10(116)	11	
1	5447	Leonardo Ramalho	39:42	4:35	6:41	17:03	19:28	22:26	24:23	25:07	26:04	29:07	33:03
		[102] .COM		4:35	2:06	10:22	2:25	2:58	1:57	0:44	0:57	3:03	3:56
2	5228	João Nogueira	40:33	8:20	10:07	17:47	21:17	24:03	25:48	26:32	27:18	30:26	34:18
		[052] GD4C		8:20	1:47	7:40	3:30	2:46	1:45	0:44	0:46	3:08	3:52
3	3760	Vasco Duarte	44:33	12:23	14:04	21:51	25:08	28:08	29:37	31:22	32:04	35:28	38:40
		[090] ADFA		12:23	1:41	7:47	3:17	3:00	1:29	1:45	0:42	3:24	3:12
4	5448	João Magalhães	47:06	3:40	7:01	20:07	22:04	24:06	25:45	26:05	26:52	29:41	40:52
		[102] .COM		3:40	3:21	13:06	1:57	2:02	1:39	0:20	0:47	2:49	11:11
5	90051	Kaarel Vesilind	47:19	3:47	5:56	12:39	26:48	29:34	31:22	31:47	32:35	35:35	38:50
		[1564] SRD Estonia		3:47	2:09	6:43	14:09	2:46	1:48	0:25	0:48	3:00	3:15
6	4779	Daniel Cruz	1:06:07	5:46	9:56	31:21	42:39	47:08	48:53	49:37	50:25	53:44	1:00:23 1:
		[007] Ori-Estarreja		5:46	4:10	21:25	11:18	4:29	1:45	0:44	0:48	3:19	6:39
7	4544	António Horta	1:07:54	3:46	11:53	33:17	44:41	49:19	50:54	51:33	52:26	55:51	1:02:26 1:
		[151] GafanhOri		3:46	8:07	21:24	11:24	4:38	1:35	0:39	0:53	3:25	6:35
					21:45								
					*111								

W16 (7)		3.0 km 75 m 13 C											
		1(102)	2(131)	3(132)	4(135)	5(143)	6(128)	7(127)	8(134)	9(119)	10(116)	11	
1	90001	Line Sølberg	35:48	2:39	4:02	5:58	7:31	10:22	14:07	17:13	22:04	27:33	29:01
		[6498] IL Leik		2:39	1:23	1:56	1:33	2:51	3:45	3:06	4:51	5:29	1:28
2	5506	Verónica Fradique	37:16	3:15	4:50	7:16	9:12	12:47	18:08	20:52	22:55	27:49	29:15
		[052] GD4C		3:15	1:35	2:26	1:56	3:35	5:21	2:44	2:03	4:54	1:26
3	4909	Sara Roberto	37:29	3:30	5:04	7:21	9:06	12:12	16:34	19:34	21:32	25:25	27:01
		[070] COC		3:30	1:34	2:17	1:45	3:06	4:22	3:00	1:58	3:53	1:36
4	5639	Debora Swinke	40:01	2:38	3:54	5:43	7:21	11:16	18:24	20:45	26:42	31:09	32:39
		[094] CPOC		2:38	1:16	1:49	1:38	3:55	7:08	2:21	5:57	4:27	1:30
5	90059	Nataliya Aks'Onova	41:09	3:39	4:47	7:07	8:54	12:16	17:41	20:40	22:39	24:57	26:36
		Ukraine		3:39	1:08	2:20	1:47	3:22	5:25	2:59	1:59	2:18	1:39
6	5345	Mariana Mauricio	42:53	4:57	6:17	11:48	13:44	16:57	21:34	23:33	27:34	32:09	33:39
		[102] .COM		4:57	1:20	5:31	1:56	3:13	4:37	1:59	4:01	4:35	1:30
7	5679	Ana Castanheiro	46:16	3:14	4:32	8:31	10:14	15:58	26:21	28:59	30:50	35:24	37:12
		[102] .COM		3:14	1:18	3:59	1:43	5:44	10:23	2:38	1:51	4:34	1:48

M18 (6)		4.7 km 125 m 17 C											
		1(131)	2(132)	3(135)	4(138)	5(128)	6(134)	7(117)	8(118)	9(119)	10(127)	11	
1	3954	Goncalo Pirrolas	38:00	2:37	6:30	7:48	8:52	13:17	16:35	18:20	19:01	21:24	24:18
		[090] ADFA		2:37	3:53	1:18	1:04	4:25	3:18	1:45	0:41	2:23	2:54
				34:27	35:41	37:40	38:00						
				1:24	1:14	1:59	0:20						
2	5626	Rodrigo Magalhães	40:39	3:01	4:50	6:08	7:16	11:30	19:04	20:50	21:49	24:24	26:46
		[102] .COM		3:01	1:49	1:18	1:08	4:14	7:34	1:46	0:59	2:35	2:22
				36:56	38:24	40:15	40:39						
				1:20	1:28	1:51	0:24						
3	5628	Gonçalo Dias	44:31	7:10	8:36	10:01	11:09	18:57	21:57	24:10	24:59	27:46	30:22
		[052] GD4C		7:10	1:26	1:25	1:08	7:48	3:00	2:13	0:49	2:47	2:36
				40:49	42:06	44:08	44:31						
				1:58	1:17	2:02	0:23						
4	5654	Manuel Romão	45:55	3:12	5:17	7:33	8:57	16:55	19:56	22:08	23:04	25:51	28:12
		[102] .COM		3:12	2:05	2:16	1:24	7:58	3:01	2:12	0:56	2:47	2:21
				40:14	43:04	45:24	45:55						
				1:49	2:50	2:20	0:31						
5	5061	Manuel Lopes	1:04:42	5:31	8:12	10:26	11:45	23:11	28:29	37:00	38:05	42:15	44:49
		[151] GafanhOri		5:31	2:41	2:14	1:19	11:26	5:18	8:31	1:05	4:10	2:34
				59:41	1:02:10	1:04:19	1:04:42						
				2:01	2:29	2:09	0:23						
6	4908	Pedro Roberto	1:36:02	3:35	4:56	6:09	7:07	14:28	17:58	20:41	26:26	32:43	59:02 1:
		[070] COC		3:35	1:21	1:13	0:58	7:21	3:30	2:43	5:45	6:17	26:19
				1:26:34	1:32:20	1:35:22	1:36:02						
				4:43	5:46	3:02	0:40						

W18 (4)		3.5 km 90 m 13 C											
		1(131)	2(132)	3(135)	4(111)	5(112)	6(127)	7(116)	8(119)	9(134)	10(114)	11	
1	4454	Helena Xavier Baptista	42:18	6:42	9:02	10:54	19:29	22:49	27:44	30:08	31:38	33:17	36:01
		[052] GD4C		6:42	2:20	1:52	8:35	3:20	4:55	2:24	1:30	1:39	2:44
2	5456	Helena Miranda	44:09	4:09	11:04	12:46	19:41	22:04	29:34	31:54	33:33	35:09	37:58
		[052] GD4C		4:09	6:55	1:42	6:55	2:23	7:30	2:20	1:39	1:36	2:49
3	5485	Ana Catarina Andrade	46:03	4:14	5:56	7:29	15:59	23:44	26:49	34:16	35:41	37:19	40:30
		[007] Ori-Estarreja		4:14	1:42	1:33	8:30	7:45	3:05	7:27	1:25	1:38	3:11
4	5530	Carina Gonçalves	48:55	4:31	8:00	9:49	21:45	25:49	33:37	36:03	37:43	39:20	42:19
		[052] GD4C		4:31	3:29	1:49	11:56	4:04	7:48	2:26	1:40	1:37	2:59

M20 (3)		5.9 km 130 m 17 C											
		1(102)	2(101)	3(123)	4(124)	5(103)	6(135)	7(111)	8(112)	9(127)	10(137)	11	

			15(119)	16(130)	17(200)	F						
1	5540 Henrique Silva [094] CPOC	49:30	1:51 1:51 44:51 2:07	3:39 1:48 47:10 2:19	5:51 2:12 49:05 1:55	6:43 0:52 49:30 0:25	9:34 2:51	11:17 1:43	18:22 7:05	20:06 1:44	22:58 2:52	24:06 1:08
2	5140 Sergio Duarte [102] .COM	50:16	1:55 1:55 44:12	4:59 3:04 48:00	7:53 2:54 49:50	8:49 0:56 50:16	11:56 3:07	13:56 2:00	21:13 7:17	23:19 2:06	25:38 2:19	28:04 2:26
3	5649 André Baptista [052] GD4C	1:15:15	5:21 5:21 1:09:27 3:39	12:24 7:03 1:12:31 3:04	17:01 4:37 1:14:48 2:17	18:00 0:59 1:15:15 0:27	21:54 3:54	24:40 2:46	37:35 12:55	41:07 3:32	45:04 3:57	46:41 1:37
W20 (2)			4.3 km 110 m 14 C									
			1(131)	2(132)	3(135)	4(111)	5(128)	6(127)	7(137)	8(121)	9(115)	10(134) 11
			F									
1	3054 Inês Domingues [070] COC	50:27	7:37 7:37 50:27 0:28	9:47 2:10	11:28 1:41	18:41 7:13	21:53 3:12	25:31 3:38	27:51 2:20	28:51 1:00	32:43 3:52	38:51 6:08
2	4693 Sofia Pinto [003] CIMO/Ciclonatur	1:05:59	5:10 5:10 1:05:59 0:36	9:11 4:01	11:21 2:10	22:43 11:22	27:11 4:28	30:33 3:22	33:39 3:06	35:23 1:44	39:24 4:01	53:12 13:48
M21E (9)			5.9 km 130 m 17 C									
			1(102)	2(101)	3(123)	4(124)	5(103)	6(135)	7(111)	8(112)	9(127)	10(137) 11
			15(119)	16(130)	17(200)	F						
1	4495 Tiago Gingão Leal [151] GafanhOri	34:03	1:34 1:34 30:13 1:46	3:15 1:41 31:52 1:39	4:55 1:40 33:41 1:49	5:38 0:43 34:03 0:22	8:06 2:28	9:27 1:21	12:34 3:07	14:10 1:36	15:49 1:39	16:55 1:06
2	90081 Dariusz Sokalski [6531] Individual POL	34:43	1:45 1:45 30:32 2:00	3:41 1:56 32:27 1:55	5:42 2:01 34:18 1:51	6:28 0:46 34:43 0:25	9:13 2:45	10:42 1:29	14:10 3:28	15:45 1:35	17:43 1:58	18:48 1:05
3	1132 Paulo Franco [070] COC	35:36	1:39 1:39 30:22 1:57	3:22 1:43 33:23 3:01	5:12 1:50 35:12 1:49	5:55 0:43 35:36 0:24	8:29 2:34	9:59 1:30	14:06 4:07	15:33 1:27	17:30 1:57	18:27 0:57
4	1871 Pedro Duarte [090] ADFA	36:41	1:51 1:51 32:03 1:57	3:50 1:59 34:26 2:23	5:53 2:03 36:18 1:52	6:41 0:48 36:41 0:23	9:24 2:43	11:05 1:41	15:48 4:43	17:21 1:33	19:48 2:27	20:50 1:02
5	3863 Hélder Marcolino [052] GD4C	41:01	1:40 1:40 34:59 2:40	3:30 1:50 38:39 3:40	5:31 2:01 40:35 1:56	6:15 0:44 41:01 0:26	10:08 3:53	11:41 1:33	17:29 5:48	19:29 2:00	21:25 1:56	22:23 0:58
6	3555 Filipe Dias [052] GD4C	42:02	2:08 2:08 37:33 3:11	4:15 2:07 39:46 2:13	6:27 2:12 41:39 1:53	7:14 0:47 42:02 0:23	10:54 3:40	12:30 1:36	18:40 6:10	20:14 1:34	22:41 2:27	23:52 1:11
7	4773 Rafael Ramos [007] Ori-Estarreja	42:47	1:49 1:49 37:31 2:15	3:51 2:02 40:25 2:54	5:59 2:08 42:23 1:58	6:52 0:53 42:47 0:24	9:48 2:56	11:45 1:57	15:57 4:12	17:43 1:46	20:04 2:21	21:07 1:03
8	90056 Oleksii Khomenok Ukraine	43:26	2:13 2:13 38:16 2:33	4:29 2:16 41:01 2:45	6:39 2:10 42:59 1:58	7:32 0:53 43:26 0:27	11:00 3:28	12:42 1:42	17:53 5:11	19:53 2:00	22:28 2:35	23:48 1:20
9	1811 Luis Leite [052] GD4C	44:18	1:49 1:49 39:26 2:32	3:42 1:53 42:04 2:38	5:49 2:07 43:56 1:52	6:36 0:47 44:18 0:22	12:25 5:49	13:53 1:28	18:41 4:48	20:10 1:29	22:29 2:19	23:36 1:07
W21E (5)			4.3 km 110 m 14 C									
			1(131)	2(132)	3(135)	4(111)	5(128)	6(127)	7(137)	8(121)	9(115)	10(134) 11
			F									
1	3237 Vera Alvarez [094] CPOC	30:49	3:02 3:02 30:49 0:27	4:31 1:29	5:48 1:17	9:53 4:05	12:05 2:12	13:38 1:33	14:59 1:21	15:42 0:43	19:13 3:31	24:02 4:49
2	3052 Catarina Ruivo [070] COC	35:59	3:44 3:44 35:59 0:29	5:41 1:57	7:14 1:33	12:14 5:00	15:02 2:48	17:19 2:17	18:47 1:28	19:39 0:52	22:53 3:14	27:30 4:37
3	5288 Stepanka Betkova [127] Ginásio	36:04	3:03 3:03 36:04 0:26	4:40 1:37	6:04 1:24	10:37 4:33	13:02 2:25	15:08 2:06	16:28 1:20	17:33 1:05	20:30 2:57	26:34 6:04
4	2490 Céu Costa [052] GD4C	45:46	3:18 3:18 45:46 0:37	5:02 1:44	6:31 1:29	13:31 7:00	18:39 5:08	20:37 1:58	23:05 2:28	23:56 0:51	27:00 3:04	35:14 8:14
5	4578 Susana Alves	46:33	4:52	6:56	8:39	15:37	19:32	21:55	24:28	25:27	29:29	36:51

[052] GD4C	4:52	2:04	1:43	6:58	3:55	2:23	2:33	0:59	4:02	7:22
	46:33									
	0:30									

M21A (12)

4.7 km 125 m 17 C

1(131)	2(132)	3(135)	4(138)	5(128)	6(134)	7(117)	8(118)	9(119)	10(127)	11
15(127)	16(130)	17(200)	F							

1	2562	Nuno Pedro [107] CAOS	34:40	2:58 2:58 31:08 1:07	4:32 1:34 32:19 1:11	5:51 1:19 34:16 1:57	6:56 1:05 34:40 0:24	10:52 3:56 10:02	14:04 3:12 13:18	16:02 1:58 16:38	16:42 0:40 17:33	18:56 2:14 19:42	21:19 2:23 22:25
2	3943	Arnaldo Mendes [127] Ginásio	35:28	2:36 2:36 31:23 1:08	3:55 1:19 33:18 1:55	5:10 1:15 35:06 1:48	6:15 1:05 35:28 0:22	10:02 3:47 10:02	13:18 3:16 16:38	16:38 3:20 17:33	17:33 0:55 19:42	19:42 2:09 2:43	22:25 2:43
3	4807	Fidel Conde [070] COC	41:41	3:11 3:11 37:21 1:10	4:53 1:42 39:13 1:52	6:27 1:34 41:14 2:01	7:52 1:25 41:41 0:27	12:51 4:59 12:51	16:36 3:45 14:54 *127	18:39 2:03 18:39	19:34 0:55 19:34	23:32 3:58 26:18	26:18 2:46
4	1315	João Amorim [007] Ori-Estarreja	42:50	3:15 3:15 38:11 1:18	4:58 1:43 40:17 2:06	6:19 1:21 42:19 2:02	7:30 1:11 42:50 0:31	12:26 4:56 12:26	15:28 3:02 15:28	17:15 1:47 17:15	18:05 0:50 18:05	20:50 2:45 20:50	27:47 6:57
5	5297	Cidálio Oliveira [052] GD4C	44:12	4:00 4:00 40:40 1:41	6:04 2:04 41:45 1:05	7:50 1:46 43:43 1:58	9:01 1:11 44:12 0:29	15:07 6:06 15:07	18:56 3:49 18:56	21:39 2:43 21:39	22:29 0:50 22:29	25:18 2:49 25:18	27:57 2:39
6	4101	Jorge Marques [052] GD4C	45:14	2:58 2:58 40:40 1:15	4:53 1:55 42:53 2:13	6:10 1:17 44:47 1:54	7:16 1:06 45:14 0:27	12:03 4:47 12:03	14:26 2:23 14:26	16:24 1:58 16:24	17:07 0:43 17:07	19:37 2:30 19:37	21:42 2:05
7	2638	Levi Pagaime [007] Ori-Estarreja	46:02	3:11 3:11 42:30 1:26	6:07 2:56 43:37 1:07	7:35 1:28 45:36 1:59	9:46 2:11 46:02 0:26	14:29 4:43 14:29	17:40 3:11 17:40	19:48 2:08 19:48	20:41 0:53 20:41	28:15 7:34 28:15	31:09 2:54
8	4016	Luis Nobrega [056] Natura	47:13	3:04 3:04 43:42 1:39	4:51 1:47 44:50 1:08	6:15 1:24 46:50 2:00	7:40 1:25 47:13 0:23	16:28 8:48 16:28	22:02 5:34 22:02	24:08 2:06 24:08	24:58 0:50 24:58	28:01 3:03 28:01	30:49 2:48
9	4019	João Moura [056] Natura	47:46	3:56 3:56 43:53 1:23	5:49 1:53 45:25 1:32	7:37 1:48 47:21 1:56	9:27 1:50 47:46 0:25	14:23 4:56 14:23	17:16 2:53 17:16	21:22 4:06 21:22	26:52 5:30 26:52	29:41 2:49 29:41	32:53 3:12
10	5063	Sandro Castro [052] GD4C	49:22	3:18 3:18 44:46 1:19	7:58 4:40 47:03 2:17	9:29 1:31 48:55 1:52	10:32 1:03 49:22 0:27	14:51 4:19 14:51	17:56 3:05 17:56	20:25 2:29 20:25	21:04 0:39 21:04	23:29 2:25 23:29	25:43 2:14
11	2393	Sérgio Matos [007] Ori-Estarreja	52:05	2:54 2:54 44:39 1:59	4:21 1:27 49:38 4:59	5:38 1:17 51:39 2:01	7:17 1:39 52:05 0:26	12:04 4:47 12:04	14:58 2:54 14:58	17:19 2:21 17:19	22:10 4:51 22:10	25:21 3:11 25:21	27:38 2:17
12	4685	José João Ferreira [119] OriMarão	1:08:39	9:14 9:14 59:52 2:47	14:31 5:17 1:05:44 5:52	16:04 1:33 1:08:07 2:23	17:28 1:24 1:08:39 0:32	22:50 5:22 22:50	33:08 10:18 33:08	35:17 2:09 35:17	36:11 0:54 36:11	39:46 3:35 39:46	42:15 2:29

W21A (4)

3.5 km 90 m 13 C

1(131)	2(132)	3(135)	4(111)	5(112)	6(127)	7(116)	8(119)	9(134)	10(114)	11
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1	5313	Maria Bernardino [102] .COM	51:58	6:29 6:29 6:17 6:17	9:01 2:32 9:56 3:39	10:50 1:49 12:28 2:32	18:04 7:14 31:13 18:45	26:54 8:50 34:41 3:28	30:42 3:48 40:59 6:18	34:01 3:19 47:14 6:15	35:36 1:35 49:26 2:12	41:14 5:38 1:01:35 12:09	46:26 5:12 1:05:53 4:18
2	4078	Ana Pinto [003] CIMO/Ciclonatur	1:14:42	6:17 6:17 6:41 6:41	9:56 3:39 34:43 28:02	12:28 2:32 37:26 2:43	31:13 18:45 53:50 16:24	34:41 3:28 1:02:47 8:57	40:59 6:18 1:08:55 6:08	47:14 6:15 1:13:00 4:05	49:26 2:12 1:15:19 2:19	1:01:35 12:09 1:27:30 12:11	1:05:53 4:18 1:33:59 6:29
3	90054	Marianna Korovina Ukraine	1:57:31	6:41 6:41 5:31 5:31	34:43 28:02 9:36 4:05	37:26 2:43 12:12 2:36	53:50 16:24 20:23 8:11	1:02:47 8:57 30:23 10:00	1:08:55 6:08 36:34 6:11	1:13:00 4:05 43:44 7:10	1:15:19 2:19 45:33 1:49	1:27:30 12:11 ----- 1:21:31	1:33:59 6:29 1:21:31 35:58
	3176	Silvia Delgado [039] CP Telecom	mp	5:31 5:31	9:36 4:05	12:12 2:36	20:23 8:11	30:23 10:00	36:34 6:11	43:44 7:10	45:33 1:49	----- 1:21:31	1:21:31 35:58
					1:10:01 *117								

M21B (15)

3.5 km 90 m 13 C

1(131)	2(132)	3(135)	4(111)	5(112)	6(127)	7(116)	8(119)	9(134)	10(114)	11
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1	4635	Sérgio Mónica [128] COALA	32:30	3:11 3:11 3:55 3:55	5:18 2:07 5:58 2:03	6:57 1:39 7:22 1:24	12:28 5:31 14:12 6:50	14:51 2:23 16:35 2:23	17:34 2:43 19:56 3:21	19:33 1:59 21:41 1:45	21:24 1:51 23:01 1:20	24:21 2:57 25:24 2:23	27:53 3:32 27:57 2:33
2	5524	Manuel Real [159] COAAL	33:26	3:55 3:55 3:24 3:24	5:58 2:03 5:01 1:37	7:22 1:24 6:32 1:31	14:12 6:50 12:47 6:15	16:35 2:23 14:56 2:09	19:56 3:21 18:44 3:48	21:41 1:45 20:31 1:47	23:01 1:20 21:40 1:09	25:24 2:23 25:54 4:14	27:57 2:33 28:40 2:46
3	90075	David Ales Czech Republic	33:46	3:24 3:24 3:22 3:22	5:01 1:37 5:39 2:17	6:32 1:31 7:23 1:44	12:47 6:15 14:41 7:18	14:56 2:09 16:56 2:15	18:44 3:48 19:42 2:46	20:31 1:47 21:38 1:56	21:40 1:09 23:40 2:02	25:54 4:14 26:22 2:42	28:40 2:46 29:07 2:45
4	5555	José Carlos Marques [119] OriMarão	34:31	3:22 3:22 4:23 4:23	5:39 2:17 6:44 2:21	7:23 1:44 9:02 2:18	14:41 7:18 15:02 6:00	16:56 2:15 17:48 2:46	19:42 2:46 20:49 3:01	21:38 1:56 22:59 2:10	23:40 2:02 24:17 1:18	26:22 2:42 26:00 1:43	29:07 2:45 29:23 3:23
5	3638	Nuno José Almeida [128] COALA	35:24	4:23 4:23 3:06 3:06	6:44 2:21 4:52 1:46	9:02 2:18 6:19 1:27	15:02 6:00 14:40 8:21	17:48 2:46 16:38 1:58	20:49 3:01 19:12 2:34	22:59 2:10 24:12 5:00	24:17 1:18 25:17 1:05	26:00 1:43 26:52 1:35	29:23 3:23 29:10 2:18
6	90055	Anton Varenyk Ukraine	35:43	3:06 3:06 3:47 3:47	4:52 1:46 5:59 2:12	6:19 1:27 7:25 1:26	14:40 8:21 13:40 6:15	16:38 1:58 20:21 3:11	19:12 2:34 20:21 3:30	24:12 5:00 22:09 1:48	25:17 1:05 23:16 1:07	26:52 1:35 24:55 1:39	29:10 2:18 30:25 5:30
7	5468	Eduardo Soares [159] COAAL	41:11	3:47 3:47 4:01 4:01	5:59 2:12 7:28 1:28	7:25 1:26 9:18 15:47	13:40 6:15 15:47 18:07	16:51 3:11 18:07 21:15	20:21 3:30 21:15 26:45	22:09 1:48 22:09 27:50	23:16 1:07 24:55 32:07	24:55 1:39 30:25 38:26	30:25 5:30
8	5698	Pedro Laia	42:48	4:01 4:01 4:23 4:23	7:28 1:28 8:56 1:28	9:18 15:47 18:07 21:15	15:47 18:07 21:15 26:45	18:07 21:15 26:45 32:07	21:15 26:45 32:07 38:26	26:45 32:07 38:26 44:53	32:07 38:26 44:53 51:05	38:26 44:53 51:05 57:17	44:53 51:05 57:17 63:29

		[133] GDU Azoia		4:01	3:27	1:50	6:29	2:20	3:08	5:30	1:05	4:17	6:19
9	3002	Nuno Rebelo	45:50	3:16	5:30	7:17	14:21	16:40	19:35	23:13	24:11	35:11	40:20
		[007] Ori-Estarreja		3:16	2:14	1:47	7:04	2:19	2:55	3:38	0:58	11:00	5:09
10	5746	Luis Miguel Pires	51:54	4:02	6:04	8:01	17:23	20:29	24:47	30:52	32:09	38:35	43:56
		[003] CIMO/Ciclonatur		4:02	2:02	1:57	9:22	3:06	4:18	6:05	1:17	6:26	5:21
11	5316	João Real	56:20	4:14	6:07	7:53	17:52	24:09	27:44	30:37	32:03	47:22	50:00
		[159] COAAL		4:14	1:53	1:46	9:59	6:17	3:35	2:53	1:26	15:19	2:38
12	5493	Gonçalo Marques	57:54	3:53	6:21	8:40	28:35	31:56	35:43	40:38	42:45	44:44	51:09
		[094] CPOC		3:53	2:28	2:19	19:55	3:21	3:47	4:55	2:07	1:59	6:25
13	4227	Jorge Almeida	59:04	5:39	9:46	11:55	29:37	33:29	37:47	40:18	41:30	44:53	50:19
		[070] COC		5:39	4:07	2:09	17:42	3:52	4:18	2:31	1:12	3:23	5:26
14	4723	Vitor Agostinho	1:18:14	5:28	7:38	10:18	25:58	29:56	35:21	46:49	48:30	51:39	1:02:02
		[115] ATV		5:28	2:10	2:40	15:40	3:58	5:25	11:28	1:41	3:09	10:23
15	5629	Vitor Dias	1:32:09	22:15	27:17	29:08	56:40	58:27	1:09:05	1:16:39	1:18:02	1:20:01	1:25:08
		[052] GD4C		22:15	5:02	1:51	27:32	1:47	10:38	7:34	1:23	1:59	5:07

W21B (6)			3.0 km 75 m 13 C										
			1(102)	2(131)	3(132)	4(135)	5(143)	6(128)	7(127)	8(134)	9(119)	10(116)	11
1	5292	Raquel Sacchetti	46:59	3:37	5:15	8:07	10:18	14:01	19:33	25:45	28:23	32:12	33:51
		[070] COC		3:37	1:38	2:52	2:11	3:43	5:32	6:12	2:38	3:49	1:39
2	4581	Sara Tomás	58:57	4:38	6:44	17:21	20:26	30:09	39:13	43:11	45:38	48:17	50:49
		[133] GDU Azoia		4:38	2:06	10:37	3:05	9:43	9:04	3:58	2:27	2:39	2:32
3	5762	isabel oliveira	1:02:29	3:45	6:12	9:03	11:23	25:25	34:42	38:29	40:41	45:49	47:37
		[007] Ori-Estarreja		3:45	2:27	2:51	2:20	14:02	9:17	3:47	2:12	5:08	1:48
4	4954	Vanessa Jorge	1:06:59	4:28	6:55	12:24	15:44	34:03	42:08	46:27	49:11	52:42	55:56
		[094] CPOC		4:28	2:27	5:29	3:20	18:19	8:05	4:19	2:44	3:31	3:14
5	1549	Sandra Barbosa	1:11:01	6:02	8:14	12:07	15:51	25:10	35:10	39:28	50:59	54:00	58:04
		[007] Ori-Estarreja		6:02	2:12	3:53	3:44	9:19	10:00	4:18	11:31	3:01	4:04
6	5499	Alice Moreira	1:19:47	9:05	11:01	15:13	23:30	29:51	37:52	42:08	45:04	51:16	56:12
		[127] Ginásio		9:05	1:56	4:12	8:17	6:21	8:01	4:16	2:56	6:12	4:56

M35 (5)			4.7 km 125 m 17 C										
			1(131)	2(132)	3(135)	4(138)	5(128)	6(134)	7(117)	8(118)	9(119)	10(127)	11
1	2588	José Domingos	34:16	3:11	4:36	5:53	6:57	10:44	13:50	15:35	16:26	19:03	21:06
		[094] CPOC		3:11	1:25	1:17	1:04	3:47	3:06	1:45	0:51	2:37	2:03
				30:28	31:53	33:54	34:16						
				1:07	1:25	2:01	0:22						
2	2375	Tiago Lopes	37:40	2:53	4:24	5:51	6:53	11:08	13:40	15:32	16:16	18:24	22:18
		[107] CAOS		2:53	1:31	1:27	1:02	4:15	2:32	1:52	0:44	2:08	3:54
				31:55	35:19	37:13	37:40						
				1:12	3:24	1:54	0:27						
3	90057	Andriy Logach'Ov Ukraine	38:22	3:01	4:35	10:06	11:09	15:27	17:53	19:40	20:29	23:01	25:10
				3:01	1:34	5:31	1:03	4:18	2:26	1:47	0:49	2:32	2:09
				34:33	35:59	37:55	38:22						
				1:16	1:26	1:56	0:27						
4	2333	Rui Marques	43:04	3:09	4:49	6:47	8:07	13:15	15:55	18:19	19:14	21:34	24:23
		[133] GDU Azoia		3:09	1:40	1:58	1:20	5:08	2:40	2:24	0:55	2:20	2:49
				35:14	40:52	42:42	43:04						
				2:29	5:38	1:50	0:22						
5	4147	Sergio Contente	47:03	3:11	5:12	6:47	8:26	12:21	24:34	27:31	28:23	31:35	33:25
		[114] COA		3:11	2:01	1:35	1:39	3:55	12:13	2:57	0:52	3:12	1:50
				43:29	44:35	46:36	47:03						
				1:19	1:06	2:01	0:27						

W35 (8)			3.5 km 90 m 13 C										
			1(131)	2(132)	3(135)	4(111)	5(112)	6(127)	7(116)	8(119)	9(134)	10(114)	11
1	90073	Vineiane Mulpas Belgium	32:06	3:34	5:16	6:43	11:38	14:13	16:56	20:41	21:43	24:21	27:33
				3:34	1:42	1:27	4:55	2:35	2:43	3:45	1:02	2:38	3:12
2	2503	Susana Pontes	32:42	5:51	7:37	9:17	14:57	17:18	20:18	22:28	23:33	25:19	27:48
		[094] CPOC		5:51	1:46	1:40	5:40	2:21	3:00	2:10	1:05	1:46	2:29
3	3467	Helena Sousa	35:30	3:11	4:54	6:25	13:33	15:34	18:49	21:38	24:31	26:47	29:19
		[119] OriMarão		3:11	1:43	1:31	7:08	2:01	3:15	2:49	2:53	2:16	2:32
4	2022	Paula Serra Campos	38:14	5:50	7:56	9:38	16:16	19:02	22:27	24:27	26:00	27:53	32:03
		[102] .COM		5:50	2:06	1:42	6:38	2:46	3:25	2:00	1:33	1:53	4:10
5	1346	Fátima Saraiva	41:27	4:51	6:49	8:28	14:40	17:03	20:00	23:37	25:51	27:28	36:07
		[015] DA Recardães		4:51	1:58	1:39	6:12	2:23	2:57	3:37	2:14	1:37	8:39
6	4327	Sónia Saramago	58:33	5:04	7:55	9:56	25:54	28:33	32:33	35:53	37:13	39:16	51:45
		[115] ATV		5:04	2:51	2:01	15:58	2:39	4:00	3:20	1:20	2:03	12:29
7	3799	Tânia Covas Costa	1:06:30	11:42	17:27	19:27	32:43	36:05	40:12	46:48	48:39	55:58	59:41
		[102] .COM		11:42	5:45	2:00	13:16	3:22	4:07	6:36	1:51	7:19	3:43
8	5307	Manuela Marques	1:13:45	4:40	7:38	10:00	18:00	25:23	29:25	34:26	42:54	1:03:03	1:06:39
		[102] .COM		4:40	2:58	2:22	8:00	7:23	4:02	5:01	8:28	20:09	3:36

M40 (13)			4.7 km 125 m 17 C										
			1(131)	2(132)	3(135)	4(138)	5(128)	6(134)	7(117)	8(118)	9(119)	10(127)	11
1	1967	Luis Bucha	37:28	3:22	4:49	6:04	7:05	11:06	13:39	15:33	17:03	19:55	23:08
		[008] CP EPAL		3:22	1:27	1:15	1:01	4:01	2:33	1:54	1:30	2:52	3:13
				33:22	34:59	36:57	37:28						
				1:17	1:37	1:58	0:31						
2	2785	Rafael Lima	40:07	2:49	4:18	5:51	8:42	12:49	15:36	21:17	22:10	24:14	27:31
		[119] OriMarão		2:49	1:29	1:33	2:51	4:07	2:47	5:41	0:53	2:04	3:17
				36:39	37:45	39:43	40:07						

3	1810	Octávio Andrade [102] .COM	42:48	1:29 3:48 3:48 38:58	1:06 8:34 4:46 40:23	1:58 9:55 1:21 42:22	0:24 10:59 1:04 42:48	15:01 17:35 4:02 2:34	19:36 20:27 2:01 2:01	20:27 23:57 0:51 3:30	27:13 3:16		
4	1784	João Carrilho [107] CAOS	43:27	1:16 5:39 5:39 39:43	1:22 7:31 1:52 41:05	1:59 9:08 1:37 43:02	0:26 10:58 1:50 43:27	15:38 19:07 4:40 3:29	21:39 22:52 2:32 2:32	26:02 26:02 1:13 3:10	29:22 3:20		
5	2209	Luis Borges [103] ADADesnivel	45:09	1:16 3:36 3:36 40:44	1:22 5:24 1:48 42:37	1:57 7:04 1:40 44:43	0:25 8:25 1:21 45:09	13:40 17:07 5:15 3:27	19:47 20:42 2:40 2:40	23:41 26:52 0:55 2:59	26:52 3:11		
6	4328	Luis Miguel Martinho [115] ATV	46:31	1:23 8:23 8:23 41:47	1:53 10:30 2:07 44:07	2:06 13:19 1:36 46:03	0:26 19:38 1:13 46:31	19:38 22:46 6:19 3:08	24:39 25:26 1:53 0:47	28:39 31:17 0:47 3:13	31:17 2:38		
7	2999	Antônio Batista [115] ATV	47:11	1:24 5:45 5:45 42:45	2:20 7:28 1:43 44:36	1:56 9:06 1:38 46:44	0:28 11:17 2:11 47:11	15:48 19:03 4:31 3:15	21:49 22:45 2:46 2:46	26:03 26:03 0:56 3:18	28:55 2:52		
8	3913	Alberto César [052] GD4C	49:27	1:19 3:32 3:32 44:56	1:51 5:34 2:02 47:01	2:08 7:04 1:30 49:00	0:27 8:24 1:20 49:27	13:22 16:54 4:58 3:32	19:50 20:46 2:56 2:56	25:43 29:33 0:56 4:57	29:33 3:50		
9	2533	Arménio Mendes [094] CPOC	50:48	2:32 4:22 4:22 46:13	2:05 6:03 1:41 48:27	1:59 7:44 1:41 50:25	0:27 9:03 1:19 50:48	13:23 19:40 4:20 6:17	21:59 23:05 2:19 2:19	26:45 29:23 1:06 3:40	29:23 2:38		
10	3629	João Carriço [007] Ori-Estarreja	55:04	1:41 4:23 4:23 50:00	2:14 6:41 2:18 52:01	1:58 8:34 1:53 54:27	0:23 10:09 1:35 55:04	16:39 21:23 6:30 4:44	23:58 25:04 2:35 2:35	28:32 33:32 1:06 3:28	33:32 5:00		
11	3437	Carlos Lobo [128] COALA	56:35	2:09 4:11 4:11 47:24	2:01 6:52 2:41 53:30	2:26 9:05 2:13 56:00	0:37 10:32 1:27 56:35	17:15 21:26 6:43 4:11	23:45 24:51 2:19 2:19	29:39 32:52 1:06 4:48	32:52 3:13		
12	5277	Luis Miguel S Pereira [070] COC	1:02:52	2:26 6:10 6:10 58:11	6:06 8:24 2:14 1:00:01	2:30 10:03 1:39 1:02:20	0:35 11:31 1:28 1:02:52	16:43 19:54 5:12 3:11	22:50 23:47 2:56 0:57	28:17 31:27 4:30 3:10	31:27 3:10		
13	3081	Alberto Barros [052] GD4C	1:06:23	2:49 4:08 4:08 57:12	1:50 6:58 2:50 1:02:44	2:19 9:30 2:32 1:05:53	0:32 11:06 1:36 1:06:23	18:26 24:19 7:20 5:53	27:37 29:36 3:18 3:18	35:16 38:55 1:59 5:40	38:55 3:39		
2:33	5:32	3:09	0:30										
W40 (8)			3.5 km	90 m	13 C								
			1(131)	2(132)	3(135)	4(111)	5(112)	6(127)	7(116)	8(119)	9(134)	10(114)	11
1	2582	Anabela Vieito [070] COC	33:42	3:32 3:32	5:25 1:53	7:11 1:46	14:51 7:40	17:17 2:26	20:23 3:06	23:09 2:46	24:24 1:15	26:01 1:37	28:47 2:46
2	1693	Lidia Santana [107] CAOS	38:27	4:35 4:35	6:57 2:22	8:48 1:51	15:37 6:49	18:02 2:25	22:39 4:37	24:42 2:03	25:57 1:15	27:58 2:01	30:58 3:00
3	90012	Cristina del Campo Cam [1851] Individual ESP	51:54	4:27 4:27	7:45 3:18	10:47 3:02	20:54 10:07	24:19 3:25	28:20 4:01	32:44 4:24	34:30 1:46	39:53 5:23	43:21 3:28
4	2171	Jandira Peres [070] COC	1:02:12	6:25 6:25	9:52 3:27	13:00 3:08	26:52 13:52	30:29 3:37	38:10 7:41	41:18 3:08	43:32 2:14	46:45 3:13	52:14 5:29
5	5211	Rosário Barros [070] COC	1:02:29	6:47 6:47	11:38 4:51	15:34 3:56	26:16 10:42	30:25 4:09	36:33 6:08	40:51 4:18	44:40 3:49	47:47 3:07	51:38 3:51
6	2259	Susana Domingos [070] COC	1:08:57	7:16 7:16	11:12 3:56	14:51 3:39	30:41 15:50	35:01 4:20	41:39 6:38	47:00 5:21	49:10 2:10	52:17 3:07	57:34 5:17
7	2849	Alexandra Coelho [052] GD4C	1:13:12	4:12 4:12	6:35 2:23	8:50 2:15	41:53 33:03	45:06 3:13	48:42 3:36	51:40 2:58	53:08 1:28	55:14 2:06	1:04:40 9:26
8	90060	Nataliia Simileiska Ukraine	1:23:12	6:23 6:23	9:47 3:24	12:02 2:15	23:49 11:47	27:58 4:09	35:40 7:42	38:44 3:04	41:23 2:39	53:27 12:04	1:00:01 6:34
W45 (6)			2.9 km	85 m	12 C								
			1(102)	2(103)	3(135)	4(138)	5(128)	6(127)	7(134)	8(119)	9(133)	10(114)	11
1	90052	Sari Koskinen [6521] Hiisirasti	28:24	2:36 2:36	4:14 1:38	6:27 2:13	7:40 1:13	12:34 4:54	14:53 2:19	16:45 1:52	19:33 2:48	23:56 4:23	25:12 1:16
2	90003	Agnes Toth [1771] Individual HUN	37:13	4:20 4:20	7:00 2:40	9:37 2:37	11:25 1:48	17:51 6:26	20:37 2:46	23:20 2:43	25:35 2:15	30:33 4:58	33:12 2:39
3	90061	Iryna Asmolova Ukraine	44:31	4:16 4:16	7:20 3:04	11:10 3:50	13:20 2:10	21:22 8:02	24:59 3:37	28:03 3:04	31:09 3:06	37:50 6:41	40:03 2:13
4	90062	Vira Seleznova Ukraine	46:44	5:19 5:19	8:32 3:13	13:05 4:33	15:54 2:49	26:15 10:21	29:11 2:56	32:11 3:00	35:01 2:50	39:51 4:50	41:52 2:01
5	3890	Claudia Figueiredo [052] GD4C	49:24	3:35 3:35	5:53 2:18	8:44 2:51	11:09 2:25	18:13 7:04	21:36 3:23	27:48 6:12	37:10 9:22	41:45 4:35	45:26 3:41
6	3514	Ana Antunes [1000] Individual POR	54:17	5:43 5:43	8:53 3:10	13:43 4:50	16:19 2:36	29:36 13:17	33:55 4:19	38:03 4:08	41:14 3:11	45:41 4:27	48:24 2:43
M45 (15)			4.2 km	105 m	13 C								
			1(103)	2(135)	3(117)	4(134)	5(128)	6(129)	7(137)	8(121)	9(115)	10(116)	11
1		Vesa Koskinen [6530] Individual FIN	28:07	3:06 3:06	4:44 1:38	10:52 6:08	12:27 1:35	14:14 1:47	15:39 1:25	15:54 0:15	16:38 0:44	19:28 2:50	22:19 2:51
2	2377	Rui Botão [1000] Individual POR	30:29	4:07 4:07	5:49 1:42	12:16 6:27	13:52 1:36	16:06 2:14	17:39 1:33	17:55 0:16	18:40 0:45	21:23 2:43	25:31 4:08
3	2593	Vitor Delgado [052] GD4C	31:23	3:24 3:24	5:02 1:38	13:51 8:49	15:37 1:46	18:31 2:54	19:58 1:27	20:16 0:18	20:56 0:40	23:30 2:34	26:22 2:52

4	3131	José Oliveira [114] COA	36:19	7:03	9:07	16:54	19:08	21:44	23:24	23:56	24:49	27:52	31:14
				7:03	2:04	7:47	2:14	2:36	1:40	0:32	0:53	3:03	3:22
5	2099	José Bernardo [070] COC	38:40	5:30	7:26	17:17	21:14	23:54	25:36	26:06	26:51	29:40	32:53
				5:30	1:56	9:51	3:57	2:40	1:42	0:30	0:45	2:49	3:13
6	5515	Paulo Olaió [070] COC	38:43	4:10	6:16	14:13	18:35	21:08	22:53	23:31	24:35	27:56	31:55
				4:10	2:06	7:57	4:22	2:33	1:45	0:38	1:04	3:21	3:59
7	4656	José Bolrão [070] COC	39:24	4:43	7:41	18:31	21:17	24:22	26:03	26:35	27:23	30:39	34:12
				4:43	2:58	10:50	2:46	3:05	1:41	0:32	0:48	3:16	3:33
8	1298	Carlos Garcia [157] AFAP	41:53	7:20	8:51	19:39	24:12	26:49	28:23	28:49	29:33	32:23	35:44
				7:20	1:31	10:48	4:33	2:37	1:34	0:26	0:44	2:50	3:21
9	1931	Carlos Monteiro [070] COC	42:45	4:29	10:41	19:15	22:07	25:07	26:59	27:29	28:28	32:00	35:49
				4:29	6:12	8:34	2:52	3:00	1:52	0:30	0:59	3:32	3:49
10	1499	José Carlos Ramalho [102] .COM	43:19	4:25	6:39	17:36	25:15	27:48	29:32	30:11	30:57	34:20	38:08
				4:25	2:14	10:57	7:39	2:33	1:44	0:39	0:46	3:23	3:48
11	2750	Leonel Vieito [070] COC	47:12	11:06	13:11	22:38	25:33	29:30	31:31	32:23	33:18	36:49	40:38
				11:06	2:05	9:27	2:55	3:57	2:01	0:52	0:55	3:31	3:49
11	90013	José Manuel Prieto Gar [1851] Individual ESP	47:12	5:30	8:12	18:31	21:18	25:30	27:58	28:43	29:37	34:16	40:01
				5:30	2:42	10:19	2:47	4:12	2:28	0:45	0:54	4:39	5:45
13	4228	Ilídio Coelho [070] COC	1:02:25	20:15	23:36	37:32	42:19	45:37	47:34	48:16	49:05	52:18	56:26
				20:15	3:21	13:56	4:47	3:18	1:57	0:42	0:49	3:13	4:08
14	5262	Rui Roberto [070] COC	1:11:04	15:14	18:17	27:53	35:14	40:09	42:29	43:12	44:23	48:06	1:02:28
				15:14	3:03	9:36	7:21	4:55	2:20	0:43	1:11	3:43	14:22
	5748	Serafim Gadelho [052] GD4C	mp	11:25	13:04	-----	24:08	31:36	33:20	33:49	34:43	37:45	41:11
				11:25	1:39	-----	11:04	7:28	1:44	0:29	0:54	3:02	3:26

M50 (16)		4.2 km 105 m 13 C		1(103)	2(135)	3(117)	4(134)	5(128)	6(129)	7(137)	8(121)	9(115)	10(116)	11
1	90010	martinez Francois [6503] 4012	29:36	3:31	5:15	11:23	13:21	15:29	17:04	17:22	18:07	21:01	24:17	
				3:31	1:44	6:08	1:58	2:08	1:35	0:18	0:45	2:54	3:16	
2	1084	Manuel Luís [005] CP Armada	30:21	3:39	5:23	11:31	13:40	15:47	17:25	17:42	18:30	21:20	24:26	
				3:39	1:44	6:08	2:09	2:07	1:38	0:17	0:48	2:50	3:06	
3	1256	Mário Duarte [090] ADFA	30:53	3:38	5:21	11:39	15:06	17:36	19:13	19:33	20:17	23:21	26:15	
				3:38	1:43	6:18	3:27	2:30	1:37	0:20	0:44	3:04	2:54	
4	90002	Zsolt Weiler [1771] Individual HUN	35:02	4:02	6:03	13:37	15:45	18:29	20:08	20:28	21:19	24:26	27:29	
				4:02	2:01	7:34	2:08	2:44	1:39	0:20	0:51	3:07	3:03	
5	1095	Fernando Costa [052] GD4C	39:12	6:22	8:49	16:04	18:27	22:12	24:05	24:34	25:27	28:31	31:33	
				6:22	2:27	7:15	2:23	3:45	1:53	0:29	0:53	3:04	3:02	
6	1907	Carlos Coelho [094] CPOC	39:40	4:13	6:05	15:08	17:34	21:12	23:04	24:28	25:15	28:45	32:17	
				4:13	1:52	9:03	2:26	3:38	1:52	1:24	0:47	3:30	3:32	
7	5248	José Vicente [157] AFAP	40:58	8:12	11:18	21:22	23:46	25:56	27:34	27:53	28:40	31:30	34:36	
				8:12	3:06	10:04	2:24	2:10	1:38	0:19	0:47	2:50	3:06	
8	3850	Paulo Ferreira [107] CAOS	43:58	10:30	12:40	20:56	23:23	26:09	27:57	28:40	29:30	32:48	37:59	
				10:30	2:10	8:16	2:27	2:46	1:48	0:43	0:50	3:18	5:11	
9	3007	José Mário Baptista [052] GD4C	45:06	5:03	7:34	16:46	22:49	26:06	28:45	29:27	30:31	34:15	38:55	
				5:03	2:31	9:12	6:03	3:17	2:39	0:42	1:04	3:44	4:40	
10	3864	António Marcolino [052] GD4C	45:54	11:21	14:38	22:48	25:29	28:02	29:52	30:35	31:28	34:43	40:16	
				11:21	3:17	8:10	2:41	2:33	1:50	0:43	0:53	3:15	5:33	
11	3098	António Graça [005] CP Armada	46:44	5:52	8:10	24:36	26:13	29:14	30:48	32:33	33:24	36:30	40:34	
				5:52	2:18	16:26	1:37	3:01	1:34	1:45	0:51	3:06	4:04	
12	1471	Jose Pires [094] CPOC	50:04	7:30	11:24	24:16	26:44	29:58	32:31	33:39	34:42	38:25	42:31	
				7:30	3:54	12:52	2:28	3:14	2:33	1:08	1:03	3:43	4:06	
13	3848	Ilídio Santos Mendes [022] CLAC	55:52	8:41	11:29	21:33	24:21	28:15	30:52	31:59	33:20	43:46	48:19	
				8:41	2:48	10:04	2:48	3:54	2:37	1:07	1:21	10:26	4:33	
14	4098	Júlio Oliveira [122] CC Amora	58:07	7:03	10:54	23:26	28:16	32:10	35:32	36:30	37:49	43:36	48:34	
				7:03	3:51	12:32	4:50	3:54	3:22	0:58	1:19	5:47	4:58	
15	4783	Carlos Fortunato [007] Ori-Estarreja	1:02:01	5:56	9:56	20:59	29:12	37:59	40:29	41:54	43:28	47:10	51:47	
				5:56	4:00	11:03	8:13	8:47	2:30	1:25	1:34	3:42	4:37	
16	5294	Amândio Gonçalves [022] CLAC	1:06:49	15:48	19:53	32:47	39:35	43:24	46:02	47:04	48:21	52:40	57:31	
				15:48	4:05	12:54	6:48	3:49	2:38	1:02	1:17	4:19	4:51	

W50 (6)		2.9 km 85 m 12 C		1(102)	2(103)	3(135)	4(138)	5(128)	6(127)	7(134)	8(119)	9(133)	10(114)	11
1	90017	Tuulikki Salmenkylä [6505] HS	32:52	2:51	6:45	8:53	10:13	15:33	17:54	20:10	22:37	28:08	29:44	
				2:51	3:54	2:08	1:20	5:20	2:21	2:16	2:27	5:31	1:36	
2	1524	Helena Lopes [003] CIMO/Ciclonatur	34:58	3:24	5:20	8:17	10:07	16:18	19:23	21:49	25:30	28:56	30:48	
				3:24	1:56	2:57	1:50	6:11	3:05	2:26	3:41	3:26	1:52	
3	90009	martinez Catherine [6503] 4012	42:51	5:04	12:56	15:51	17:22	24:54	28:18	30:30	32:47	38:16	39:39	
				5:04	7:52	2:55	1:31	7:32	3:24	2:12	2:17	5:29	1:23	
4	4100	Fátima Marcolino [052] GD4C	54:10	3:56	7:13	10:45	13:01	25:35	30:28	34:03	37:30	44:41	49:09	
				3:56	3:17	3:32	2:16	12:34	4:53	3:35	3:27	7:11	4:28	
5	5293	Amália Gonçalves [022] CLAC	1:18:22	4:49	9:29	13:33	30:45	45:52	49:57	52:36	57:58	1:07:03	1:11:14	1:
				4:49	4:40	4:04	17:12	15:07	4:05	2:39	5:22	9:05	4:11	
	90063	Liudmyla Matlavaska Ukraine	mp	-----	18:38	-----	-----	-----	49:08	53:35	-----	-----	-----	
				-----	18:38	-----	-----	-----	30:30	4:27	-----	-----	-----	

M55 (10)		4.2 km 105 m 13 C		1(103)	2(135)	3(117)	4(134)	5(128)	6(129)	7(137)	8(121)	9(115)	10(116)	11
1	1905	Vitor Rodrigues [094] CPOC	35:51	4:12	6:27	14:36	17:08	19:54	21:48	22:17	23:06	26:16	30:02	
				4:12	2:15	8:09	2:32	2:46	1:54	0:29	0:49	3:10	3:46	
2	90025	Thomas Lindeborg [6508] SLOW	37:45	4:58	6:57	14:29	16:37	19:19	21:16	21:51	22:44	26:07	29:55	
				4:58	1:59	7:32	2:08	2:42	1:57	0:35	0:53	3:23	3:48	
3	1391	António Matias [022] CLAC	38:34	5:31	7:31	16:50	19:06	21:53	23:37	24:34	25:22	28:41	32:25	
				5:31	2:00	9:19	2:16	2:47	1:44	0:57	0:48	3:19	3:44	
4	90042	Lars Rönnols [6520] Täby OK	40:01	4:06	6:22	15:12	21:12	23:47	25:46	26:20	27:15	30:38	34:29	
				4:06	2:16	8:50	6:00	2:35	1:59	0:34	0:55	3:23	3:51	
5	1190	Carlos Ferreira	43:58	4:40	6:50	15:17	23:03	25:38	27:49	28:38	29:30	32:58	36:28	
				4:40	6:50	15:17	23:03	25:38	27:49	28:38	29:30	32:58	36:28	

		[015] DA Recardães	4:40	2:10	8:27	7:46	2:35	2:11	0:49	0:52	3:28	3:30	
6	3128	Manuel Martins	45:41	12:16	15:26	24:53	27:03	30:07	31:51	32:17	33:08	36:01	40:05
		[107] CAOS		12:16	3:10	9:27	2:10	3:04	1:44	0:26	0:51	2:53	4:04
7	4077	Custódio Pinto	50:09	4:52	7:00	18:33	21:09	24:42	29:31	30:25	31:36	35:50	40:49
		[003] CIMO/Ciclonatur		4:52	2:08	11:33	2:36	3:33	4:49	0:54	1:11	4:14	4:59
8	90016	Jamal El Khalki	54:15	6:55	9:14	22:54	25:22	28:41	31:51	33:39	34:53	38:57	43:25
		[6505] HS		6:55	2:19	13:40	2:28	3:19	3:10	1:48	1:14	4:04	4:28
9	3865	Luis Pereira	1:02:00	8:19	11:21	24:26	30:13	34:19	37:00	38:06	39:07	43:15	54:02
		[052] GD4C		8:19	3:02	13:05	5:47	4:06	2:41	1:06	1:01	4:08	10:47
10	2201	Luciano Lucas	1:18:05	4:27	10:53	21:11	23:20	26:54	45:13	45:55	48:30	52:35	1:07:55
		[128] COALA		4:27	6:26	10:18	2:09	3:34	18:19	0:42	2:35	4:05	15:20
W55 (5) 2.8 km 65 m 11 C													
				1(131)	2(132)	3(135)	4(138)	5(142)	6(128)	7(129)	8(116)	9(136)	10(115) 11
1	90041	My Rönnols	31:51	3:46	5:55	7:44	9:05	14:07	16:15	18:33	23:38	28:34	29:38
		[6520] Täby OK		3:46	2:09	1:49	1:21	5:02	2:08	2:18	5:05	4:56	1:04
2	2410	Margarida Rocha	37:19	5:27	8:17	10:46	12:37	18:27	21:24	24:18	29:01	32:42	34:21
		[052] GD4C		5:27	2:50	2:29	1:51	5:50	2:57	2:54	4:43	3:41	1:39
3	90065	Tetyana Bashkina	40:21	5:35	8:18	10:57	13:07	19:23	23:14	26:10	32:12	35:37	37:37
		Ukraine		5:35	2:43	2:39	2:10	6:16	3:51	2:56	6:02	3:25	2:00
4	1640	Fernanda Ferreira	48:42	5:50	8:48	10:51	12:21	28:26	33:08	36:19	40:53	45:15	46:25
		[015] DA Recardães		5:50	2:58	2:03	1:30	16:05	4:42	3:11	4:34	4:22	1:10
	90064	Olga Shapovalova	mp	-----	-----	-----	-----	21:40	28:51	35:03	42:33	50:59	54:22
		Ukraine						21:40	7:11	6:12	7:30	8:26	3:23
M60 (7) 2.9 km 85 m 12 C													
				1(102)	2(103)	3(135)	4(138)	5(128)	6(127)	7(134)	8(119)	9(133)	10(114) 11
1	5124	Roy Dawson	25:31	2:49	4:58	6:51	8:01	12:57	15:05	16:31	18:05	20:56	22:30
		[151] GafanhOri		2:49	2:09	1:53	1:10	4:56	2:08	1:26	1:34	2:51	1:34
2	90032	Yngve Alexandersson	27:08	2:55	5:04	7:03	8:25	13:02	15:51	17:27	19:16	22:00	24:06
		[6515] NOK		2:55	2:09	1:59	1:22	4:37	2:49	1:36	1:49	2:44	2:06
3	90030	Bjorn Grinde	33:21	2:04	3:31	5:21	6:28	10:25	13:01	15:46	17:13	21:58	23:27
		[1621] Individual NOR		2:04	1:27	1:50	1:07	3:57	2:36	2:45	1:27	4:45	1:29
4	1903	Armando Santos	33:25	2:40	4:31	6:40	8:05	13:40	16:44	23:15	25:08	29:01	30:28
		[128] COALA		2:40	1:51	2:09	1:25	5:35	3:04	6:31	1:53	3:53	1:27
5	90083	Ofer Avital	37:40	3:00	4:50	8:49	10:17	20:50	23:33	25:32	28:45	32:09	33:58
		Israel		3:00	1:50	3:59	1:28	10:33	2:43	1:59	3:13	3:24	1:49
6	1557	Acácio Porta Nova	41:41	3:57	5:51	8:08	9:52	16:49	24:41	26:44	29:31	35:35	37:26
		[094] CPOC		3:57	1:54	2:17	1:44	6:57	7:52	2:03	2:47	6:04	1:51
	90058	Oleg Bezrukov	mp	-----	-----	-----	16:34	43:00	-----	-----	-----	-----	-----
		Ukraine					16:34	26:26					
				5:30	7:53	54:45							
				*131	*132	*115							
W60 (3) 2.8 km 65 m 11 C													
				1(131)	2(132)	3(135)	4(138)	5(142)	6(128)	7(129)	8(116)	9(136)	10(115) 11
1	90031	Gia Alexandersson	34:23	5:05	7:56	10:13	13:46	18:01	20:33	23:25	27:25	30:03	31:29
		[6515] NOK		5:05	2:51	2:17	3:33	4:15	2:32	2:52	4:00	2:38	1:26
2	1390	Maria São João	46:11	8:51	11:15	18:19	19:50	25:27	28:41	31:02	38:01	41:40	43:25
		[022] CLAC		8:51	2:24	7:04	1:31	5:37	3:14	2:21	6:59	3:39	1:45
3	1556	Ana Carreira	47:54	7:38	11:30	15:17	17:42	23:42	28:06	32:10	37:26	42:01	44:14
		[094] CPOC		7:38	3:52	3:47	2:25	6:00	4:24	4:04	5:16	4:35	2:13
M70 (1) 2.8 km 65 m 11 C													
				1(131)	2(132)	3(135)	4(138)	5(142)	6(128)	7(129)	8(116)	9(136)	10(115) 11
1	1149	Armandino Cramez	37:50	5:58	8:25	10:31	12:08	20:38	23:31	25:59	29:55	33:42	35:18
		[007] Ori-Estarreja		5:58	2:27	2:06	1:37	8:30	2:53	2:28	3:56	3:47	1:36
Fácil Curto/Easy Sho (3) 2.0 km 30 m 9 C													
				1(105)	2(113)	3(120)	4(122)	5(125)	6(126)	7(140)	8(141)	9(200)	F
1	90023	Barbara Silva	14:51	3:09	4:43	6:00	7:19	8:21	11:07	11:58	13:13	14:18	14:51
		[094] CPOC		3:09	1:34	1:17	1:19	1:02	2:46	0:51	1:15	1:05	0:33
2	4604	Sandra Marcolino	32:42	6:09	9:51	12:48	15:49	18:49	24:21	26:40	29:42	31:16	32:42
		[052] GD4C		6:09	3:42	2:57	3:01	3:00	5:32	2:19	3:02	1:34	1:26
3	90040	Ana Carmezim	51:30	6:37	12:41	18:09	25:05	28:30	38:35	41:53	46:10	48:59	51:30
		IND POR		6:37	6:04	5:28	6:56	3:25	10:05	3:18	4:17	2:49	2:31
Difícil Curto/Diffic (5) 3.0 km 75 m 13 C													
				1(102)	2(131)	3(132)	4(135)	5(143)	6(128)	7(127)	8(134)	9(119)	10(116) 11
1	90070	Keven Zive	33:13	2:36	5:01	7:06	8:44	11:41	16:26	18:28	22:28	24:51	26:08
		Israel		2:36	2:25	2:05	1:38	2:57	4:45	2:02	4:00	2:23	1:17
2	90078	Tuija Raitana	44:15	3:53	5:18	9:03	11:06	14:46	19:28	22:04	24:18	27:42	29:08
		[6530] Individual FIN		3:53	1:25	3:45	2:03	3:40	4:42	2:36	2:14	3:24	1:26
3	5492	Rita Rebelo	55:32	5:39	7:38	14:58	18:54	23:24	30:41	34:33	37:35	42:01	43:51
		[094] CPOC		5:39	1:59	7:20	3:56	4:30	7:17	3:52	3:02	4:26	1:50

90039	Humberto Martins	mp	6:08	-----	-----	-----	-----	-----	-----	-----	-----	-----
	IND POR		6:08									
90024	Gea Lindeborg	mp	12:19	14:45	18:47	22:44	-----	-----	-----	-----	-----	-----
	[6508] SLOW		12:19	2:26	4:02	3:57						

Fácil Longo/Easy Lon (7)			3.4 km 65 m 13 C										
			1(105)	2(123)	3(124)	4(101)	5(132)	6(135)	7(138)	8(142)	9(128)	10(129)	11
1	90067	Ivan Diaksov	34:27	2:14	5:06	6:15	9:05	13:06	15:04	16:41	21:05	23:40	25:55
		Bulgaria		2:14	2:52	1:09	2:50	4:01	1:58	1:37	4:24	2:35	2:15
2	90082	Alexandre Guerra	38:50	1:57	6:16	8:30	11:02	14:05	16:03	17:22	21:35	23:46	27:02
		[1000] Individual POR		1:57	4:19	2:14	2:32	3:03	1:58	1:19	4:13	2:11	3:16
3	90000	Kristin Sølberg	56:43	3:06	7:26	8:59	12:56	19:13	22:07	24:36	34:36	39:15	42:55
		[6498] IL Leik		3:06	4:20	1:33	3:57	6:17	2:54	2:29	10:00	4:39	3:40
4	90053	Luis Almeida	57:59	2:41	9:02	10:24	19:03	26:45	29:17	31:04	39:48	42:59	47:31
		IND POR		2:41	6:21	1:22	8:39	7:42	2:32	1:47	8:44	3:11	4:32
5	90046	Joao Reis	1:09:51	3:20	7:08	9:09	13:58	21:47	24:50	27:09	34:24	38:24	41:52 1:
		IND POR		3:20	3:48	2:01	4:49	7:49	3:03	2:19	7:15	4:00	3:28
6	90028	CátiaMachado+ JoséBapt	1:29:06	2:25	9:36	11:32	15:39	33:49	1:01:33	1:04:11	1:12:21	1:15:54	1:18:59 1:
		IND POR		2:25	7:11	1:56	4:07	18:10	27:44	2:38	8:10	3:33	3:05
					22:16								
					*103								
90079	Ana Paula Brás	mp	2:34	5:58	-----	19:58	30:10	32:52	34:44	40:50	44:13	46:58	
	IND POR		2:34	3:24		14:00	10:12	2:42	1:52	6:06	3:23	2:45	

Difícil Longo/Diffic (12)			4.2 km 105 m 13 C										
			1(103)	2(135)	3(117)	4(134)	5(128)	6(129)	7(137)	8(121)	9(115)	10(116)	11
1	90047	Gabor Pataki	33:39	4:30	6:25	13:17	15:28	18:40	20:59	21:41	22:32	25:24	28:25
		[1771] Individual HUN		4:30	1:55	6:52	2:11	3:12	2:19	0:42	0:51	2:52	3:01
2	90076	Vasyl Berezorskyi	33:47	5:08	6:54	13:44	16:00	18:10	19:54	20:20	21:10	24:16	27:55
		Ukraine		5:08	1:46	6:50	2:16	2:10	1:44	0:26	0:50	3:06	3:39
3	90077	Anssi Raitana	34:25	7:23	9:31	16:18	18:18	20:52	22:30	23:05	23:50	26:49	29:39
		[6530] Individual FIN		7:23	2:08	6:47	2:00	2:34	1:38	0:35	0:45	2:59	2:50
4	90072	Riikka Eerola	38:38	4:40	7:00	15:19	17:19	21:24	23:31	24:14	25:10	28:31	32:11
		Finland		4:40	2:20	8:19	2:00	4:05	2:07	0:43	0:56	3:21	3:40
5	90015	Iben Maag	43:44	4:41	7:08	17:53	20:50	24:11	26:07	27:03	27:51	33:38	37:41
		[1885] Individual DEN		4:41	2:27	10:45	2:57	3:21	1:56	0:56	0:48	5:47	4:03
6	90014	Kaj Maag	44:02	7:05	9:20	19:49	23:39	27:07	29:12	29:49	30:54	34:25	38:19
		[1885] Individual DEN		7:05	2:15	10:29	3:50	3:28	2:05	0:37	1:05	3:31	3:54
7	90011	Jesús Ballesteros Huer	47:34	5:55	8:34	23:58	29:25	32:02	33:46	34:04	34:45	37:52	42:23
		[1851] Individual ESP		5:55	2:39	15:24	5:27	2:37	1:44	0:18	0:41	3:07	4:31
8	2871	Paulo Faustino	53:55	5:26	12:25	22:21	26:57	31:08	33:36	35:48	36:37	41:10	46:49
		[094] CPOC		5:26	6:59	9:56	4:36	4:11	2:28	2:12	0:49	4:33	5:39
9	90034	Filipe Fonseca	55:27	13:55	17:01	29:24	32:07	35:26	37:55	38:57	40:06	43:50	48:00
		[094] CPOC		13:55	3:06	12:23	2:43	3:19	2:29	1:02	1:09	3:44	4:10
10	90019	LucianoMatos+ MatosMat	59:06	11:14	14:02	26:19	30:45	34:14	37:21	38:26	39:45	45:11	51:06
		IND POR		11:14	2:48	12:17	4:26	3:29	3:07	1:05	1:19	5:26	5:55
11	90044	Fernando Barbedo	1:24:17	17:44	23:33	41:15	48:05	56:25	59:03	1:00:17	1:03:17	1:08:00	1:14:21 1:
		IND POR		17:44	5:49	17:42	6:50	8:20	2:38	1:14	3:00	4:43	6:21
12	90043	Luis Carvalho	1:24:20	19:20	23:45	40:54	48:08	56:27	59:22	1:00:28	1:03:43	1:08:18	1:14:17 1:
		IND POR		19:20	4:25	17:09	7:14	8:19	2:55	1:06	3:15	4:35	5:59