

## Results

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Pl	Stno	Name	YB	Club	Time
<b>M10 (2) 2.0 km 30 m 9 C</b>					
1	5708	Tiago Marcolino	03	[052] GD4C	24:53
	5671	Dinis Lopes	05	[107] CAOS	mp
<b>W10 (3) 2.0 km 30 m 9 C</b>					
1	5648	Rita Castro	05	[052] GD4C	35:45
2	5333	Juliana Pedro	11	[107] CAOS	43:33
3	90066	Liis Vesilind		[1564] SRD Estonia	55:28
<b>M12 (6) 2.4 km 40 m 9 C</b>					
1	5299	André Roberto	02	[070] COC	20:25
2	5311	Bernardo Filipe	03	[070] COC	43:28
3	90027	Afonso Carriço	01	[007] Ori-Estarreja	47:21
	5529	André Serra Campos	02	[102] .COM	mp
	5137	André Sérgio	02	[115] ATV	dns
	3976	Tomas Lima	01	[119] OriMarão	dns
<b>W12 (3) 2.4 km 40 m 9 C</b>					
1	90068	Evangelina Dyaksova		Bulgaria	17:50
2	90026	Lara Pataki	02	[1771] Individual HUN	25:29
3	5706	Margarida Miranda	01	[052] GD4C	25:45
<b>M14 (7) 2.7 km 45 m 9 C</b>					
1	5488	André Henriques	00	[007] Ori-Estarreja	25:56
2	90004	Vince Weiler	99	[1771] Individual HUN	25:58
3	5437	Tiago Figueiredo	99	[007] Ori-Estarreja	30:01
4	5510	Pedro Barbosa Silva	00	[007] Ori-Estarreja	30:09
5	90022	Ricardo Ferreira	00	[007] Ori-Estarreja	30:30
6	5707	Gabriel Leal	00	[052] GD4C	34:31
7	90018	Emil Salmenkylä	00	[6505] HS	40:09
<b>W14 (9) 2.7 km 45 m 9 C</b>					
1	5482	Tânia Pereira Olaio	00	[070] COC	31:17
2	3975	Helena Lima	99	[119] OriMarão	33:54

3	90020	Camila Coelho	00	[070]	COC	40:38
4	5064	Carina Cotovio	00	[114]	COA	42:27
5	5659	Raquel Henriques	00	[094]	CPOC	50:28
6	5657	Mafalda Moreira	00	[094]	CPOC	58:29
7	5710	diana cipriano	00	[094]	CPOC	1:30:47
8	5683	Inês Ramos	00	[007]	Ori-Estarreja	1:34:20
	90069	Mariana Amador		[007]	Ori-Estarreja	dns

**M16 (9) 4.2 km 105 m 13 C**

1	5447	Leonardo Ramalho	99	[102]	.COM	39:42
2	5228	João Nogueira	97	[052]	GD4C	40:33
3	3760	Vasco Duarte	97	[090]	ADFA	44:33
4	5448	João Magalhães	98	[102]	.COM	47:06
5	90051	Kaarel Vesilind		[1564]	SRD Estonia	47:19
6	4779	Daniel Cruz	98	[007]	Ori-Estarreja	1:06:07
7	4544	António Horta		[151]	GafanhOri	1:07:54
	5438	Carlos Peixoto	98	[102]	.COM	dns
	4985	Pedro Gonçalves	98	[022]	CLAC	dns

**W16 (7) 3.0 km 75 m 13 C**

1	90001	Line Sølberg	98	[6498]	IL Leik	35:48
2	5506	Verónica Fradique	97	[052]	GD4C	37:16
3	4909	Sara Roberto	99	[070]	COC	37:29
4	5639	Debora Swinke	98	[094]	CPOC	40:01
5	90059	Nataliya Aks'Onova	98		Ukraine	41:09
6	5345	Mariana Maurício	98	[102]	.COM	42:53
7	5679	Ana Castanheiro	97	[102]	.COM	46:16

**M18 (7) 4.7 km 125 m 17 C**

1	3954	Goncalo Pirrolas	96	[090]	ADFA	38:00
2	5626	Rodrigo Magalhães	96	[102]	.COM	40:39
3	5628	Gonçalo Dias	96	[052]	GD4C	44:31
4	5654	Manuel Romão	96	[102]	.COM	45:55
5	5061	Manuel Lopes		[151]	GafanhOri	1:04:42
6	4908	Pedro Roberto	97	[070]	COC	1:36:02
	3553	Diogo Barradas	96	[094]	CPOC	dns

**W18 (4) 3.5 km 90 m 13 C**

1	4454	Helena Xavier Baptista	96	[052]	GD4C	42:18
2	5456	Helena Miranda	96	[052]	GD4C	44:09
3	5485	Ana Catarina Andrade	96	[007]	Ori-Estarreja	46:03
4	5530	Carina Gonçalves	96	[052]	GD4C	48:55

**M20 (3) 5.9 km 130 m 17 C**

1	5540	Henrique Silva	94	[094]	CPOC	49:30
2	5140	Sergio Duarte	94	[102]	.COM	50:16
3	5649	André Baptista	94	[052]	GD4C	1:15:15

**W20 (2) 4.3 km 110 m 14 C**

1	3054	Inês Domingues	94	[070]	COC	50:27
2	4693	Sofia Pinto	94	[003]	CIMO/Ciclonatur	1:05:59

**M21E (10) 5.9 km 130 m 17 C**

1	4495	Tiago Gingão Leal	90	[151]	GafanhOri	34:03
2	90081	Dariusz Sokalski		[6531]	Individual POL	34:43
3	1132	Paulo Franco	81	[070]	COC	35:36
4	1871	Pedro Duarte	86	[090]	ADFA	36:41
5	3863	Hélder Marcolino	92	[052]	GD4C	41:01
6	3555	Filipe Dias	85	[052]	GD4C	42:02
7	4773	Rafael Ramos	93	[007]	Ori-Estarreja	42:47
8	90056	Oleksii Khomenok	79		Ukraine	43:26
9	1811	Luis Leite	76	[052]	GD4C	44:18
	2733	Nelson Graça	87	[007]	Ori-Estarreja	dns

**W21E (6) 4.3 km 110 m 14 C**

1	3237	Vera Alvarez	94	[094]	CPOC	30:49
2	3052	Catarina Ruivo	88	[070]	COC	35:59
3	5288	Stepanka Betkova		[127]	Ginásio	36:04
4	2490	Céu Costa	71	[052]	GD4C	45:46
5	4578	Susana Alves	92	[052]	GD4C	46:33
	3156	Mariana Moreira	92	[094]	CPOC	dns

**M21A (12) 4.7 km 125 m 17 C**

1	2562	Nuno Pedro	79	[107]	CAOS	34:40
2	3943	Arnaldo Mendes		[127]	Ginásio	35:28
3	4807	Fidel Conde	77	[070]	COC	41:41
4	1315	João Amorim	78	[007]	Ori-Estarreja	42:50
5	5297	Cidálio Oliveira	73	[052]	GD4C	44:12
6	4101	Jorge Marques	73	[052]	GD4C	45:14
7	2638	Levi Pagaime	87	[007]	Ori-Estarreja	46:02
8	4016	Luis Nobrega	89	[056]	Natura	47:13
9	4019	João Moura	89	[056]	Natura	47:46
10	5063	Sandro Castro	72	[052]	GD4C	49:22
11	2393	Sérgio Matos	79	[007]	Ori-Estarreja	52:05
12	4685	José João Ferreira	74	[119]	OriMarão	1:08:39

**W21A (5) 3.5 km 90 m 13 C**

1	5313	Maria Bernardino	93	[102]	.COM	51:58
2	4078	Ana Pinto	83	[003]	CIMO/Ciclonatur	1:14:42
3	90054	Marianna Korovina	76		Ukraine	1:57:31
	3176	Sílvia Delgado	77	[039]	CP Telecom	mp
	4594	Marta Fonseca		[090]	ADFA	dns

**M21B (15) 3.5 km 90 m 13 C**

1	4635	Sérgio Mónica	70	[128]	COALA	32:30
2	5524	Manuel Real	77	[159]	COAL	33:26
3	90075	David Ales			Czech Republic	33:46
4	5555	José Carlos Marques	78	[119]	OriMarão	34:31
5	3638	Nuno José Almeida	77	[128]	COALA	35:24
6	90055	Anton Varenyk	92		Ukraine	35:43
7	5468	Eduardo Soares	81	[159]	COAL	41:11
8	5698	Pedro Laia	77	[133]	GDU Azoia	42:48
9	3002	Nuno Rebelo	79	[007]	Ori-Estarreja	45:50
10	5746	Luis Miguel Pires	77	[003]	CIMO/Ciclonatur	51:54
11	5316	João Real	84	[159]	COAL	56:20
12	5493	Gonçalo Marques	84	[094]	CPOC	57:54
13	4227	Jorge Almeida	73	[070]	COC	59:04
14	4723	Vitor Agostinho	74	[115]	ATV	1:18:14
15	5629	Vitor Dias	68	[052]	GD4C	1:32:09

**W21B (7) 3.0 km 75 m 13 C**

1	5292	Raquel Sacchetti	78	[070]	COC	46:59
2	4581	Sara Tomás	85	[133]	GDU Azoia	58:57
3	5762	isabel oliveira	81	[007]	Ori-Estarreja	1:02:29
4	4954	Vanessa Jorge	75	[094]	CPOC	1:06:59
5	1549	Sandra Barbosa	81	[007]	Ori-Estarreja	1:11:01
6	5499	Alice Moreira		[127]	Ginásio	1:19:47
	5558	Joana Graça	84	[007]	Ori-Estarreja	dns

**M35 (7) 4.7 km 125 m 17 C**

1	2588	José Domingos	76	[094]	CPOC	34:16
2	2375	Tiago Lopes	78	[107]	CAOS	37:40
3	90057	Andriy Logach'Ov	78		Ukraine	38:22
4	2333	Rui Marques	71	[133]	GDU Azoia	43:04
5	4147	Sergio Contente	74	[114]	COA	47:03
	90005	Dejan Avramovic	76	[6499]	KOS	dns
	3520	Pedro Pereira		[090]	ADFA	dns

**W35 (9) 3.5 km 90 m 13 C**

1	90073	Vineiane Mulpas			Belgium	32:06
2	2503	Susana Pontes	71	[094]	CPOC	32:42
3	3467	Helena Sousa	67	[119]	OriMarão	35:30
4	2022	Paula Serra Campos	68	[102]	.COM	38:14

5	1346	Fátima Saraiva	77	[015]	DA Recardães	41:27
6	4327	Sónia Saramago	73	[115]	ATV	58:33
7	3799	Tânia Covas Costa	78	[102]	.COM	1:06:30
8	5307	Manuela Marques	72	[102]	.COM	1:13:45
	1018	Isilda Santos		[157]	AFAP	dns

**M40 (14) 4.7 km 125 m 17 C**

1	1967	Luís Bucha	70	[008]	CP EPAL	37:28
2	2785	Rafael Lima	68	[119]	OriMarão	40:07
3	1810	Octávio Andrade	68	[102]	.COM	42:48
4	1784	João Carrilho	70	[107]	CAOS	43:27
5	2209	Luís Borges	71	[103]	ADADesnível	45:09
6	4328	Luís Miguel Martinho	70	[115]	ATV	46:31
7	2999	António Batista	69	[115]	ATV	47:11
8	3913	Alberto César	70	[052]	GD4C	49:27
9	2533	Arménio Mendes	65	[094]	CPOC	50:48
10	3629	João Carriço	70	[007]	Ori-Estarreja	55:04
11	3437	Carlos Lobo	71	[128]	COALA	56:35
12	5277	Luís Miguel S Pereira	70	[070]	COC	1:02:52
13	3081	Alberto Barros	69	[052]	GD4C	1:06:23
	2232	Carlos Lourenço	69	[115]	ATV	dns

**W40 (8) 3.5 km 90 m 13 C**

1	2582	Anabela Vieito	67	[070]	COC	33:42
2	1693	Lídia Santana	72	[107]	CAOS	38:27
3	90012	Cristina del Campo Campos	69	[1851]	Individual ESP	51:54
4	2171	Jandira Peres	73	[070]	COC	1:02:12
5	5211	Rosário Barros	69	[070]	COC	1:02:29
6	2259	Susana Domingos	72	[070]	COC	1:08:57
7	2849	Alexandra Coelho	68	[052]	GD4C	1:13:12
8	90060	Nataliia Simileiska	68		Ukraine	1:23:12

**W45 (7) 2.9 km 85 m 12 C**

1	90052	Sari Koskinen		[6521]	Hiisirasti	28:24
2	90003	Agnes Toth	67	[1771]	Individual HUN	37:13
3	90061	Iryna Asmolova	65		Ukraine	44:31
4	90062	Vira Seleznova	68		Ukraine	46:44
5	3890	Claudia Figueiredo	66	[052]	GD4C	49:24
6	3514	Ana Antunes	64	[1000]	Individual POR Fed	54:17
	2129	Luisa Mateus		[070]	COC	dns

**M45 (16) 4.2 km 105 m 13 C**

1		Vesa Koskinen		[6530]	Individual FIN	28:07
2	2377	Rui Botão	68	[1000]	Individual POR Fed	30:29
3	2593	Vítor Delgado	67	[052]	GD4C	31:23
4	3131	José Oliveira	64	[114]	COA	36:19

5	2099	José Bernardo	68	[070]	COC	38:40
6	5515	Paulo Olaio	68	[070]	COC	38:43
7	4656	José Bolrão	64	[070]	COC	39:24
8	1298	Carlos Garcia	64	[157]	AFAP	41:53
9	1931	Carlos Monteiro	58	[070]	COC	42:45
10	1499	José Carlos Ramalho	67	[102]	.COM	43:19
11	2750	Leonel Vieito	66	[070]	COC	47:12
11	90013	José Manuel Prieto García	67	[1851]	Individual ESP	47:12
13	4228	Ilídio Coelho	67	[070]	COC	1:02:25
14	5262	Rui Roberto	68	[070]	COC	1:11:04
	5748	Serafim Gadelho	68	[052]	GD4C	mp
	3844	Manuel Antunes	68	[094]	CPOC	dns

**M50 (18) 4.2 km 105 m 13 C**

1	90010	martinez Francois	60	[6503]	4012	29:36
2	1084	Manuel Luís	63	[005]	CP Armada	30:21
3	1256	Mário Duarte	62	[090]	ADFA	30:53
4	90002	Zsolt Weiler	62	[1771]	Individual HUN	35:02
5	1095	Fernando Costa	61	[052]	GD4C	39:12
6	1907	Carlos Coelho	61	[094]	CPOC	39:40
7	5248	José Vicente	61	[157]	AFAP	40:58
8	3850	Paulo Ferreira	61	[107]	CAOS	43:58
9	3007	José Mário Baptista	62	[052]	GD4C	45:06
10	3864	António Marcolino	60	[052]	GD4C	45:54
11	3098	António Graça	63	[005]	CP Armada	46:44
12	1471	Jose Pires	59	[094]	CPOC	50:04
13	3848	Ilídio Santos Mendes	60	[022]	CLAC	55:52
14	4098	Júlio Oliveira	63	[122]	CC Amora	58:07
15	4783	Carlos Fortunato	62	[007]	Ori-Estarreja	1:02:01
16	5294	Amândio Gonçalves	63	[022]	CLAC	1:06:49
	1375	Jorge Elias	63	[114]	COA	dns
	90006	Javier Montero	63	[1851]	Individual ESP	dns

**W50 (6) 2.9 km 85 m 12 C**

1	90017	Tuulikki Salmenkylä	63	[6505]	HS	32:52
2	1524	Helena Lopes	58	[003]	CIMO/Ciclonatur	34:58
3	90009	martinez Catherine	58	[6503]	4012	42:51
4	4100	Fátima Marcolino	61	[052]	GD4C	54:10
5	5293	Amália Gonçalves	63	[022]	CLAC	1:18:22
	90063	Liudmyla Matlavaska	61		Ukraine	mp

**M55 (10) 4.2 km 105 m 13 C**

1	1905	Vítor Rodrigues	54	[094]	CPOC	35:51
2	90025	Thomas Lindeborg	58	[6508]	SLOW	37:45
3	1391	António Matias	57	[022]	CLAC	38:34
4	90042	Lars Rönnols	57	[6520]	Täby OK	40:01
5	1190	Carlos Ferreira	56	[015]	DA Recardães	43:58
6	3128	Manuel Martins	56	[107]	CAOS	45:41
7	4077	Custódio Pinto	56	[003]	CIMO/Ciclonatur	50:09

8	90016	Jamal El Khalki	54	[6505]	HS	54:15
9	3865	Luís Pereira	58	[052]	GD4C	1:02:00
10	2201	Luciano Lucas	57	[128]	COALA	1:18:05

**W55 (5) 2.8 km 65 m 11 C**

1	90041	My Rönnols	55	[6520]	Täby OK	31:51
2	2410	Margarida Rocha	55	[052]	GD4C	37:19
3	90065	Tetyana Bashkina	54		Ukraine	40:21
4	1640	Fernanda Ferreira	55	[015]	DA Recardães	48:42
	90064	Olga Shapovalova	56		Ukraine	mp

**M60 (9) 2.9 km 85 m 12 C**

1	5124	Roy Dawson	48	[151]	GafanhOri	25:31
2	90032	Yngve Alexandersson	49	[6515]	NOK	27:08
3	90030	Bjorn Grinde	52	[1621]	Individual NOR	33:21
4	1903	Armando Santos	52	[128]	COALA	33:25
5	90083	Ofer Avital			Israel	37:40
6	1557	Acácio Porta Nova	53	[094]	CPOC	41:41
	90058	Oleg Bezrukov	51		Ukraine	mp
	1831	Jorge Santos	50	[128]	COALA	dns
	1045	Manuel Tavares	52	[007]	Ori-Estarreja	dns

**W60 (4) 2.8 km 65 m 11 C**

1	90031	Gia Alexandersson	50	[6515]	NOK	34:23
2	1390	Maria São João	53	[022]	CLAC	46:11
3	1556	Ana Carreira	51	[094]	CPOC	47:54
	5123	Cathy Dawson	53	[151]	GafanhOri	dns

**M65 (1) 2.9 km 85 m 12 C**

	4440	Coelho dos Santos		[007]	Ori-Estarreja	dns
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**M70 (2) 2.8 km 65 m 11 C**

1	1149	Armandino Cramez	42	[007]	Ori-Estarreja	37:50
	2121	José Grada		[007]	Ori-Estarreja	dns

**Fácil Curto/Easy Sho (3) 2.0 km 30 m 9 C**

1	90023	Barbara Silva	97	[094]	CPOC	14:51
2	4604	Sandra Marcolino	80	[052]	GD4C	32:42
3	90040	Ana Carmezim	73		IND POR	51:30

**Difícil Curto/Diffic (6) 3.0 km 75 m 13 C**

1	90070	Keven Zive	Israel	33:13
2	90078	Tuija Raitana	[6530] Individual FIN	44:15
3	5492	Rita Rebelo	85 [094] CPOC	55:32
	90039	Humberto Martins	71 IND POR	mp
	90024	Gea Lindeborg	59 [6508] SLOW	mp
	90048	ElisaC+JoséS+ RodrigoS	IND POR	dns

**Fácil Longo/Easy Lon (8) 3.4 km 65 m 13 C**

1	90067	Ivan Diaksov	Bulgaria	34:27
2	90082	Alexandre Guerra	[1000] Individual POR Fed	38:50
3	90000	Kristin Sølberg	75 [6498] IL Leik	56:43
4	90053	Luís Almeida	IND POR	57:59
5	90046	Joao Reis	66 IND POR	1:09:51
6	90028	CátiaMachado+ JoséBaptista	IND POR	1:29:06
	90079	Ana Paula Brás	IND POR	mp
	90045	Silvia Esteves	78 IND POR	dns

**Difícil Longo/Diffic (13) 4.2 km 105 m 13 C**

1	90047	Gabor Pataki	67 [1771] Individual HUN	33:39
2	90076	Vasyl Berezorskyi	Ukraine	33:47
3	90077	Anssi Raitana	[6530] Individual FIN	34:25
4	90072	Riikke Eerola	Finland	38:38
5	90015	Iben Maag	66 [1885] Individual DEN	43:44
6	90014	Kaj Maag	64 [1885] Individual DEN	44:02
7	90011	Jesús Ballesteros Huerta	85 [1851] Individual ESP	47:34
8	2871	Paulo Faustino	[094] CPOC	53:55
9	90034	Filipe Fonseca	91 [094] CPOC	55:27
10	90019	LucianoMatos+ MatosMatos	IND POR	59:06
11	90044	Fernando Barbedo	71 IND POR	1:24:17
12	90043	Luís Carvalho	65 IND POR	1:24:20
	2244	Cláudio Tereso	70 [115] ATV	dns